

Roman Baths Hike

Kamberg Nature Reserve
21 June 2026



Beth Bester



Chris Breytenbach

Being the middle of winter, it was a crisp winters morning. After signing in, we gathered to hear Dave share the history of the area, knowledge he's gained from many years of walking these trails.

For a hike that has featured regularly on the Midlands Hiking Club fixture list over the years, most of the 17 participants had yet to experience the Kamberg Reserve or venture to Roman Baths.

We started at 9:00am, the walk is approximately 11 km in total along an old track with gently undulating terrain. Along the way, hikers are treated to views of Gladstone's Nose, a prominent mountain feature with its own dedicated hike, as well as the striking Kamberg Mountain

View of the Kamberg

Kamberg takes its name from a nearby mountain shaped like a rooster's comb

We followed a circular route that led us across the river. The path towards the river narrows becoming a single track. After crossing, we paused for snacks before tackling the steeper path toward the Roman Baths. From the hilltop, looking back reveals the striking Twalichi (meaning stone carrier) rock formation, a dramatic freestanding, overhanging rock feature on the slopes of the Kamberg Nature Reserve.



After reaching the Roman Baths, we stopped to enjoy lunch and take in the views. The water was crystal clear, and many wished for warmer weather, swimming would have been perfect. The weather was overcast and cool for the day. Yet another reason to return in the heat of summer

The return route followed much of the same path. We were back at the cars after 1pm.

The Kamberg Reserve is certainly worth a visit, and the surrounding Kamberg Valley offers truly scenic views.

Hike Leader & report: Beth

Exposure: No shade along the way

Weather on the day: overcast and cool

Location: Kamberg Reserve

Total Distance: 11km

Number of hikers: 17

