

MIDLANDS HIKING CLUB FIXTURE LIST: APRIL - JUNE 2018 (Rev2 – 13 Apr 2018)

DATE	GRADE	DESCRIPTION OF ACTIVITIES	LEADER
Sunday 8 April	Grade 1 10km	CEDARA morning hike through farmland and forest	Alistair Nixon 0836606657 alanixav@gmail.com
Sunday 15 April	Grade 3 + 600m 12km+	MOUNT GILBOA Climb to the top of Karkloof through beautiful indigenous forests .A Big 4 hike.	Eric Essenwein erigres@gmail.com 0835542239
Sunday 22 April	Grade 1	MIDMAR DAM Easy morning hike around the dam. Rhino card or R40pp	Sue Rowley SMS OR WhatsApp 0732131314 sue524024@gmail.com
26-29 April Camping weekend	Grade 2-3 10-16km	SILVER STREAMS Caravan Park near BUSHMANS NEK Border Post. The rate is R 350 per site per night for 3 nights. We also have the option to stay on for a longer period bearing in mind that Tuesday 1 May is Workers' Day. Each site can accommodate 4 persons and 1 vehicle only. I am sure we could park the extra vehicles in the Ezemvelo KZN car park next door.	Brian Henwood - 0826556359 or bhhenwood@gmail.com
Saturday 5 May	Grade 1 6km	BISLEY NATURE RESERVE Easy morning hike around the reserve, plenty butterfly, birds and some wildlife to be seen.	Katy Hart 083 277 6272 katyemma.hart@gmail.com
Sunday 13 May	Grade 3 12 km 500m	INHLOSANE PEAK from Mount Park . Another Big 4 hike.	Alistair Nixon 0836606657 alanixav@gmail.com
15 May	Social evening	Church of the Ascension Hall, Brindy Road, Hilton - 7pm. Talk to be announced. Wine and light snacks available.	FREE to members.
Sunday 20 May	Grade 2-3 16km	HOWICK MEANDER - Local day hike - Symmonds Stream Conservancy, Beacon Hill Conservancy, along the Umgeni River to Howick Falls - option to the bottom of the falls - several local eateries for food & drinks at the end of the hike - note the distance & grade - Combined hike with other clubs - last bookings by Wed 16 May.	Keith Ashton by e-mail only keimarg@iuncapped.co.za R20 pp Conservancy fee
Sunday 20 May	Grade 3 14 km	KLOOF GORGE HIKE Dep. from main Kloof picnic area at 08.30 hr. Ent. fee R 30.- or... Rhino card.... safe parking. Some steep ups and downs. Combined with DRHC. Bring Lunch and min. of 2 litres water.	Margret Kirsten mjkaway41@gmail.com 0837837852 R30pp
Saturday 2 June	Grade 2 6-8 km	FORT NOTTINGHAM HULLEYS FARM. Easy walk through lush farmland with sightings of cranes a possibility. Bring your own lunch to enjoy at the farmhouse afterwards.	Penny Purchase 0789483730 chrispenny@telkomsa.net R20 pp Conservancy fee
Sunday 10 June	Grade 2 12km	DARGLE CONSERVANCY - Day hike through indigenous forest on private land - climbing to above forest for magnificent views of surrounding areas - prolific bird life. Our guide is the owner who is very knowledgeable about the local plants, trees, birds & animals - stunning location & not to be missed. Combined hike with other clubs. - As we are away for 2 weeks before this date last bookings by Fri 25 May please.	Keith Ashton by e-mail only keimarg@iuncapped.co.za R20 pp Conservancy fee
Sunday 17 June	Grade 3 10 km 200 m climb	HIGHMOOR Hike to Cleopatra's Head. Bit of off-path walking as paths are very overgrown. Great valley views. An easy day walk. This area is not visited by hikers at all. Book by e mail only, with a cell contact number. last booking for the hike - Tuesday 12 June	Dave Sclanders - email only dave@bergfree.co.za R40pp day
Saturday 23 June	Grade 3 8 km	KRANZKLOOF NATURE RESERVE - Meet in the car park at the Kloof Falls picnic site at 8:30. Will be doing the moderate Forest Trail to Nkonka Crack and iNgulubi Falls with spectacular views along the way. Hikers are invited for a braai afterwards. Bring drinks, meat and small salad.	Brian Henwood - 0826556359 or bhhenwood@gmail.com R30pp
30 June	Grade 2-3 14km	SWARTKOP One of the Big Four challenge. A walk through Cedara plantations with a final steep climb and views to the Drakensberg.	Alistair Nixon 0836606657 alanixav@gmail.com

Upcoming events. 'Sunday 15 July BULWER MOUNTAIN'. Philip Grant 082 4179163 pjcsgrant@gmail.com

MOUNT KENYA 14-23rd September, expected cost around R32000 all in. Contact Julia Preece PreeceJ@ukzn.ac.za 0734657609

SOME IMPORTANT NOTES ABOUT HIKING

1. Hikes are graded so that members can select the activity best suited to their own level of fitness and do not cause unreasonable delay to fellow hikers.
2. Contact the leader of a day hike at least 3 days in advance of your intention to participate.
3. Contact the leader of a camping weekend at least one week in advance of your intention to participate.
4. If accommodation bookings are required please contact the leader at your earliest convenience to secure yourself a booking.
5. Leaders have the prerogative to exclude a member if they doubt their health condition, physical fitness or suitability of their hiking gear for a particular activity.
6. Advise the leader of any medical condition prior to any hike & carry the necessary medication - The leader will not administer First Aid.
7. Carry your medical aid, doctor and close family friend contact details in your backpack at all times.

We encourage all hikers to attach their membership badges to their backpacks with these details available.

GRADINGS OF HIKES	
FF	Family friendly
PF	Pet friendly
Grade 1	Very easy. Minimal fitness required
Grade 2	Not too strenuous. Moderate fitness
Grade 3	Moderate. Physical fitness advisable
Grade 4	Strenuous. Physical fitness essential
Grade 5	Very strenuous - high level of physical fitness essential

CLUB NIGHTS

Our Club nights are held on the third Tuesday of every second month in the Church of the Ascension Hall, Hilton starting at 19:00. Wine, snacks, tea & coffee served. Come along early and meet your fellow members. Plenty of parking next to the hall, accessed from Brindy Road, Hilton.